

Curriculum Vitae Daan Kromhout

Career appointments and education

2015	November. Professor of Diet, Lifestyle and Healthy Aging. Department of Epidemiology, University Medical Center, Groningen
2015	April. Emeritus professor. Division of Human Nutrition, Wageningen University
2010	April-September. Acting President of the Health Council of the Netherlands
2010	January. Academy Professor, Royal Netherlands Academy of Arts and Sciences, Amsterdam
2007	April. Adjunct Professor at the Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, Minneapolis, U.S.A.
2005	September. Full Professor of Public Health Research, Division of Human Nutrition, Wageningen University
2005-2014	September. Vice-President Health Council of the Netherlands, The Hague; Areas of expertise: Nutrition and Public Health
2002	January. Director Nutrition and Consumer Safety Division, National Institute for Public Health and Environment (RIVM), Bilthoven
1994	May. RIVM Professor of Public Health Research, Department of Human Epidemiology and Public Health, Agricultural University, Wageningen
1991	November. Director Public Health Research Division, RIVM, Bilthoven
1988	September. Head of Department of Epidemiology, RIVM, Bilthoven
1984	September. Nutrition Foundation Professor of Nutrition, University of Leiden
1982	February. Associate Professor, University of Leiden
1980-1981	Did one-year research at the Laboratory of Physiological Hygiene in the context of the Seven Countries Study and obtained on 17 July 1981 a Masters of Public Health, University of Minnesota, Minneapolis, Minnesota, U.S.A.
1978	5 April. PhD thesis defence entitled: "Food intake, nutritional anthropometry and blood chemical parameters in 3 selected Dutch schoolchildren populations." Supervisor: Prof.dr. J.G.A.J. Hautvast
1977	September. Assistant Professor, Department of Social Medicine, University of Leiden.
1974-1977	PhD project on risk factors for coronary heart disease in schoolchildren Department of Human Nutrition, Agricultural University, Wageningen
1974	January. MSc Human Nutrition
1972	March-September. Research assistant Department of Haematology Karolinska Hospital, Stockholm, Sweden. Supervisor: Prof. Dr. P. Reizenstein
1972	January. BSc Human Nutrition
1968	September. Start study Agricultural University, Wageningen

Post-doctoral education

1995	Six-day seminar on strategic management organized for the Ministry of Public Health.
1982	24 July - 5 August. First Advanced Ten-Day International Teaching Seminar on Cardiovascular Epidemiology. This seminar was held in Tuohilampi, Finland and organized by the Council on Epidemiology and Prevention of the International Society of Cardiology (co-directors Professor Geoffrey Rose and Professor Jeremiah Stamler).

- 1980 Travel grant of the Netherlands Organisation for Scientific Research (NWO) for a one-year stay at the Laboratory of Physiological Hygiene, School of Public Health, Minneapolis, Minnesota, U.S.A.. Took a Master of Public Health in epidemiology during the academic year 1980-1981. Wrote also several publications on the Zutphen and Seven Countries Study during that year.
- 1977 5-16 September. Teaching seminar: "Research Methods in Cardiovascular Epidemiology" of the Dutch Heart Foundation. This seminar was given by Professor Dr. O.S. Miettinen, Harvard School of Public Health, Boston, U.S.A. and held in Bilthoven, The Netherlands.
- 1975 October – November. Study trip through the USA to visit and discuss issues on diet and coronary heart disease with leading experts in nutrition, epidemiology and prevention of coronary heart disease. Funded by the Dutch Heart Foundation.
- 1975 21 September- 3 October. 8th Ten Day International Teaching Seminar on Cardiovascular Epidemiology, held in Mexico. This seminar is organised yearly by the Council on Epidemiology and Prevention of the International Society of Cardiology. (co-directors Professor Geoffrey Rose and Professor Jeremiah Stamler).

Awards and prizes

- 2015 November. Honorary member of the Health Council of the Netherlands
- 2015 April. Conferred the Order of the Lion, the highest order of the Dutch honours system
- 2011 David Kritchevsky lecture awarded by the Council on Nutrition, Physical Activity and Metabolism, American Heart Association, Atlanta, Georgia, USA
- 2009 Appointed Academy Professor, Royal Netherlands Academy of Arts and Sciences for the period 2010-2014
- 2005 Grant awarded by the National Institute of Health, USA for the Alpha Omega Trial
- 1999 Career Award of the Netherlands Federation of Medical Scientific Societies
- 1998 Silver Medal for research on Preventive Cardiology awarded by the European Society of Cardiology
- 1997 Honor Award of Excellence of the Oldways Preservation & Exchange Trust, Boston, USA for research on the Mediterranean diet
- 1990 Annie B. Cuning lecture. Awarded by the Australian College of Physicians, Melbourne, Australia
- 1989 Liga Nutrition Prize awarded by the Netherlands Nutrition Foundation
- 1980 Travel grant for one-year stay at the University of Minnesota, Minneapolis, USA awarded by NWO (Netherlands Organization for Research)

Committees and offices

- Chairman Committee: The Dutch Dietary Guidelines 2015. Health Council of the Netherlands 2012-2015
- Chairman Committee: Healthy Nutrition, ZonMW 2010-2013
- Chairman Committee: Guidelines for a Healthy Diet: the Ecological Perspective. Health Council of the Netherlands 2010-2011
- Chairman Committee: Malnutrition Nutrition in the Elderly. Health Council of the Netherlands 2009-2011
- Chairman Committee: Healthy Nutrition: A Closer Look at Logos. Health Council of the Netherlands 2006-2008
- Member Committee on the Revision of Cardiovascular Risk Management, CBO, 2008-2011

- Chairman of the Program Committee: Diet, Physical Activity and Weight Gain Prevention, Dutch Heart Foundation, 2001-2007
- Member Committee on Cardiovascular Risk Management, CBO, 2001-2006
- Member of the Board of the Graduate Research School on Nutrition and Health, Wageningen University, 2001-2005
- Member of the Governing Council of the International Agency for Research on Cancer, 2001-2005
- Acting chairman of the Scientific Advisory Council, Netherlands Heart Foundation, 2001-2003
- Member of the Board of the Netherlands School of Public Health, 2000-2001.
- Member of the Advisory Committee on Health Statistics, Statistics Netherlands, 2000-2001

2000

- Member of the Council on Health Research (RGO), 1999-2002
- Member Health Council, 1999-
- Member of the Board of the Royal Netherlands Central Association for Treatment of Tuberculosis (KNCV), 1998-2000
- Member Scientific Advisory Committee Robert Koch Institute, Berlin, Germany, 1998-2000
- Chairman Scientific Advisory Committee Prevention and Epidemiology, Dutch Heart Foundation, 1998-2006
- Member Program Committee: Diet and chronic diseases: the role of genetic susceptibility, NWO, 1997-2005
- Member of the Evaluation Committee Robert Koch Institute, Berlin, Germany, 1997
- Member of the Cholesterol Committee, Health Council, 1997-2000
- Member of the Board of the Research Institute, NUTRIM, University of Maastricht, 1997-2000
- Member Standing Committee on Nutrition, Health Council, 1996-2005
- Member Working Group second revision Consensus Cholesterol, CBO, 1995-1998
- Member Steering Committee Prospective Studies Collaboration, 1996-
- Member Evaluation Committee National Institute of Public Health, Helsinki, Finland, 1995
- Member Scientific Council International Agency for Research on Cancer (IARC) WHO, Lyon, 1994-1998
- Member of the Board of the Graduate Research School on Health Sciences (NIHES), Erasmus University, Rotterdam, 1992-2001
- Secretary and chairman of the Working group on Nutrition, NWO, 1991-1995

1990

- Member Program Committee on Ageing Research (NESTOR), 1989-1991
- Member of the Hypertension Consensus Committee, CBO, 1989-1990
- Member of the Scientific Committee of the Working Group on Epidemiology and Prevention of the European Society of Cardiology, 1988-1992
- Member Working group on Cardiovascular data, Netherlands Heart Foundation, 1987-1992
- Member Advisory Committee PreTensieproject, 1987-1990
- Member Program Committee Socio-Economic Health Differences, 1987-1989
Vice-chairman, 1990-1993
- Member Executive Committee Seven Countries Study, 1986-
- Member Nutrition Council, 1984-1995
- Member of the Working group on Epidemiology, Netherlands Organization for Scientific Research (NWO), 1984-1990
- Member of the Committee Otitis media, Health Council, 1984-1986
- Member of the Monitoring Committee, Nutrition Council, 1983-1992
- Member of the Committee Diet and Cancer, International Union of Nutritional Sciences, 1982-1990
- Fellow of the American College of Epidemiology, 1982-1990
- Member executive Committee INTERSALT study, 1982-1988

- Member of the Board of the Foundation for Quality Control of Chemical Analysis for Epidemiologic Research (KCA), 1982-1990. Chairman 1986-1990
- Member of the Committee Diet and Cancer, Nutrition Council, 1982-1986
- Member of the Working group on Nutrition, Netherlands Organization for Scientific Research (NWO), 1981-2005

1980

- Member of the Editorial board of the Dutch journal on Nutrition (Voeding), 1980-1992
- Member of the Committee Diet and coronary heart disease, Nutrition Council, 1979-1982
- Advisor of the Committee Diet and atherosclerosis, Nutrition Council, 1978-1982
- Member ad hoc Advisory Committee HDL, Netherlands Heart Foundation, 1978
- Member of the Working Group on Epidemiology and Prevention of the European Society of Cardiology, 1975-
- Member of the Council on Epidemiology of the American Heart Association, 1975-

Special experience

- One of the organizers of the symposium: "N-3 fatty acids and mental health", Wageningen, June 12-13, 2007
- Co-chairman of the Coordinating Team of the Seven Countries Study, 2006-
- Organizer of the symposium: "The coronary heart disease epidemic can be tamed by diet and lifestyle. 40-year results of the Seven Countries Study". Zutphen, May 23-24, 2002
- Principal investigator of HALE project on diet, lifestyle and healthy ageing in 13 European countries. 2001-present
- Principal investigator of the Alpha Omega Trial on secondary prevention of coronary heart disease by N-3 polyunsaturated fatty acids. 2001-present
- One of the initiators of the Priority program "Diet, genes and chronic diseases" awarded by the Netherlands Organization for Research (NWO), 1997
- President of the IEA regional meeting: "Perspectives on Epidemiology in Europe". The Hague, August 27-30, 1995
- Co-principal investigator of the study on "Determinants of disability in the elderly" FINE Study, 1992-present
- Organiser of the symposium: "Diet, coronary heart disease and ageing", because of 30 years Zutphen Study and 800 years city rights of the town of Zutphen, May 10-11, 1990
- Temporary advisor of the WHO study group on "Diet, nutrition and prevention of non-communicable diseases", Geneva, 1989
- Principal investigator of the Scenario Project on Chronic Diseases, 1988-1992
- Principal investigator of the Monitoring Project on Cardiovascular Diseases in the Netherlands, 1987-1992
- Visiting professor of the Department of Nutrition, University of Helsinki, Finland, November 7-14, 1987
- Principal investigator of the Zutphen Study, 1978-present

Supervisor of PhD students who defended their thesis successfully

1. F.P.C. Sijtsma
Dietary patterns, biomarkers, cardiovascular and all-cause mortality, Wageningen University, 5 November 2015
2. M. Hoevenaar-Blom
Diet, lifestyle and cardiovascular diseases. Wageningen University, 1 March 2013
3. S.J. van Dis
Cardiovascular risk prediction in the Netherlands. Wageningen University, 14 December 2011
4. J. de Goede
The intake of polyunsaturated fatty acids and cardiovascular diseases. Wageningen University, 11 November 2011
5. L.M. Oude Griep
Fruit and vegetable consumption and the risk of cardiovascular diseases. Wageningen University, 21 October 2011
6. M.T. Streppel
Long-term lifestyle and dietary habits in relation to cardiovascular mortality and life expectancy: a prospective cohort study. Wageningen University, 24 April 2009
7. G.M. Buijsse
Antioxidants, oxidative stress and cardiovascular diseases. Cross-cultural comparisons and prospective cohort studies. Wageningen University, 11 June 2008
8. K.T.B. Knoops
Dietary patterns, biological risk factors and survival in elderly European men and women. Wageningen University, 7 September 2007
9. B.M. van Gelder
Determinants of cognitive decline in older European men. Wageningen Universiteit, 13 June 2007
10. G. Mamalakis
N-3 polyunsaturated fatty acids in adipose tissue and depression in different age groups from Crete. Wageningen Universiteit, 13 June 2007
11. I.E.J. Milder
Lignan intake in the Netherlands and its relation with mortality. Wageningen Universiteit, 30 May 2007
12. M.H. Kamphuis
Depression and cardiovascular disease: The role of diet, lifestyle and health. University Utrecht, 3 November 2006
13. J.A. Iestra
Prognosis, proof and priorities in dietetic practice. University Utrecht, 15 May 2006
14. C.L. van den Brink
Functional disability in elderly men. University Amsterdam, 9 December 2005

15. G.C.W. Wendel-Vos
Public health aspects of physical activity. Wageningen University, 2 June 2004.
16. M.E. Kruijshaar
Data consistency in summary measures of population health. Erasmus University Rotterdam, 21 January 2004.
17. A. Jellema
Genetic background, diet and body fatness: Impact on metabolic risk markers and lipid metabolism. University of Maastricht, 21 November 2003.
18. I. Mulder
The public health impact of smoking and smoking cessation. Wageningen University, 13 May 2003.
19. E.W. Tiemersma
Meat, smoking, alcohol and colorectal tumors: the role of genetic susceptibility. Wageningen University, 12 April 2002
20. A. de Bree
Dietary, lifestyle and genetic determinants of homocysteine and its relation with coronary heart disease. Catholic University Nijmegen, 12 December 2001
21. P.C.W. van den Hoogen
Public health aspects of blood pressure. Erasmus University Rotterdam, 28 November 2001
22. M.C.J.F. Jansen
Fruits and vegetables and the risk of epithelial cancer. Wageningen University, 12 October 2001
23. T.L.S. Visscher
The public health impact of obesity, Wageningen University, 8 October 2001
24. C.M. Oomen
Prospective studies on diet and coronary heart disease. Wageningen University, 26 June 2001
25. S. Houterman
Public health aspects of serum cholesterol. Erasmus University Rotterdam, 23 May 2001.
26. I.CW. Arts
Dietary catechins and their potentially protective role in cardiovascular diseases and cancer. Wageningen University, 27 April 2001.
27. H.S.J. Picavet
Public health questions on physical disabilities and musculoskeletal conditions. Studies using health surveys. Wageningen University, 20 April 2001.
28. C. Tabak
Epidemiological studies on the relation between diet and COPD. Wageningen University, 24 May 2000.
29. H.E. de Melker
Seroepidemiology of diphtheria, tetanus, poliomyelitis and pertusis. Evaluation of the National Immunisation Programme in the Netherlands. Wageningen University, 10 December 1999.

30. C.A. Baan
Cardiovascular consequences of diabetes mellitus. Erasmus University Rotterdam, 22 September 1999.
31. J.M.A. Boer
Coronary heart disease risk: family history and gene-environment interaction. Agricultural University Wageningen, 21 April 1999.
32. L. Grievink
Antioxidants and air pollution in relation to indicators of asthma and COPD. Agricultural University Wageningen, 21 October 1998.
33. N. Hoeymans
Functional status and self-rated health in elderly men: the role of aging and chronic diseases. University of Amsterdam, 16 December 1997.
34. S. Kalmijn
Risk factors for cognitive decline. Erasmus University Rotterdam, 26 November 1997.
35. F.C.H. Bijnen
Physical activity and cardiovascular disease risk among elderly men. The Zutphen Elderly Study 1985-1995. University of Utrecht, 25 November 1997.
36. P.P.C.W. Huijbregts
Dietary patterns and health in the elderly. A north-south comparison in Europe. Agricultural University Wageningen, 16 May 1997.
37. D. Ruwaard
Diabetes Mellitus. From epidemiology to health policy. Erasmus University Rotterdam, 2 October 1996.
38. M.P. Weijnenberg
Prospective studies on coronary heart disease in the elderly. The role of classical and new risk factors. Agricultural University Wageningen, 12 April 1996.
39. M.C. Ocké
Assessment of vegetable, fruit, and antioxidant vitamin intake in cancer epidemiology. Agricultural University Wageningen, 6 March 1996.
40. S.O. Keli
Epidemiology of stroke. The role of blood pressure, alcohol and diet. Agricultural University Wageningen, 17 October 1995.
41. W.M.M. Verschuren
Blood cholesterol, a public health perspective. Agricultural University Wageningen, 4 October 1995.
42. E.M. van Leer
Blood pressure: Trends, determinants and consequences. Agricultural University Wageningen, 14 June 1995.
43. J.M. Dekker
Electrocardiographic predictors of future coronary heart disease: a possible role of autonomic control. Agricultural University Wageningen, 28 November 1994.

44. M.G.L. Hertog
Flavonols and flavones in foods and their relation with cancer and coronary heart disease risk. Agricultural University Wageningen, 8 April 1994.
45. B.P.M. Bloemberg
On the effect of measurement error in nutritional epidemiology using dietary history and food frequency methodology. University of Leiden, 26 October 1993.
46. C. J. Moerman
Life style, gallstones and cancer of the biliary tract. University of Amsterdam, 17 June 1993.
47. I.A. Kreis
Health effects of cadmium contamination in Kempenland. University of Leiden, 3 November 1992
48. E.J.M. Feskens
Epidemiological studies on glucose tolerance in relation to dietary determinants and cardiovascular risks. University of Leiden, 7 November 1991
49. D.J.J. Heederik
Epidemiological studies of the relationship between occupational exposures and chronic non-specific lung disease. Agricultural University Wageningen, 19 April 1990.

10 frequently cited publications of Daan Kromhout

H-factor (January 2016): 88

ISI citations (January 2016): 34967

1. Hertog MGL, Feskens EJM, Hollman PCH, Katan MB, **Kromhout D**. Dietary antioxidant flavonoids and risk of coronary heart disease. The Zutphen Study. *Lancet* 1993;342:1007-1012.
Impact factor: 45.2, Citations: 2825
2. **Kromhout D**, Bosschieter EB, De Lezenne Coulander C. The inverse relation between fish consumption and 20-year mortality from coronary heart disease. *N Engl J Med* 1985;312: 1205- 1209.
Impact factor: 55.9, Citations: 1731
3. Hertog MGL, **Kromhout D**, Aravanis C, Blackburn H, Buzina R, Fidanza F, Giampaoli S, Jansen A, Menotti A, Nedeljkovic S, Pekkarinen M, Simic BS, Toshima H, Feskens EJM, Hollman PCH, Katan MB. Flavonoid intake and long-term risk of coronary heart disease and cancer in the Seven Countries Study. *Arch Intern Med* 1995;155:381-386.
Impact factor: 17.3, Citations: 1240
4. Knoops KTB, Groot LCPGM de, **Kromhout D**, Perrin AE, Moreiras-Varela O, Menotti A, Staveren WA van. Mediterranean diet, lifestyle factors and 10-year mortality in elderly European men and women. *JAMA* 2004;292:1433-1439.
Impact factor: 35.3, Citations: 703
5. Keli SO, Hertog GL, Feskens EJM, **Kromhout D**. Dietary flavonoids, antioxidant vitamins and incidence of stroke. The Zutphen Study. *Arch Intern Med* 1996;156:637-642.
Impact factor: 17.3, Citations: 621
6. Arntzenius AC, **Kromhout D**, Barth JD, Reiber JHC, Bruschke AVG, Buis B, Van Gent CM, Kempen-Voogd N, Strikwerda S, Van der Velde EA. Diet, lipoproteins and the progression of coronary atherosclerosis. The Leiden Intervention Trial. *N Engl J Med* 1985;312:805-811.
Impact factor: 55.9, Citations: 418
7. **Kromhout D**, Giltay EJ, Geleijnse JM for the Alpha Omega Trial Group. N-3 fatty acids and cardiovascular events after myocardial infarction. *N Engl J Med* 2010;363;21;2015-2026.
Impact factor: 55.9, Citations: 331
8. Verschuren WMM, Jacobs DR, Bloemberg BPM, **Kromhout D**, Menotti A, Aravanis C, Blackburn HW, Buzina R, Dontas AS, Fidanza F, Karvonen MJ, Nedeljkovic S, Nissinen A, Toshima H. Serum total cholesterol and long-term coronary heart disease mortality in different cultures. Twenty-five year follow-up of the Seven Countries Study. *JAMA* 1995;274:131-136.
Impact factor: 35.3, Citations: 311
9. **Kromhout D**, Menotti A, Bloemberg B, Aravanis C, Blackburn H, Buzina R, Dontas AS, Fidanza F, Giaipoli S, Jansen A, Karvonen M, Katan M, Nissinen A, Nedeljkovic S, Pekkanen J, Pekkarinen M, Punsar S, Rasanen L, Simic B, Toshima H. Dietary saturated and trans fatty acids and cholesterol and 25-year mortality from coronary heart disease: The Seven Countries Study. *PrevMed* 1995;24:308-15
Impact factor: 3.9, Citations: 297
10. Hoogen PC van den, Feskens EJ, Nagelkerke NJ, Menotti A, Nissinen A, **Kromhout D**, for the Seven Countries Study Research Group. The relation between blood pressure and mortality due to coronary heart disease among men in different parts of the world. *N Engl J Med*; 2000; 342; 1-8.
Impact factor: 55.9, Citations: 293

Invited Presentations

2015

- 18-th Nutrition and health congress. The 2015 Dutch Dietary Guidelines. 20 November 2015, Brussels, Belgium
- SAFA Expert Meeting. SAFA-rich foods in the Netherlands: new recommendations and their scientific background. 6 November 2015, Leyden, The Netherlands
- The 2015 Dutch Dietary Guidelines. 4 November 2015, The Hague, The Netherlands
- Farewell lecture Wageningen University. Of fats and foods. 16 April 2015, Wageningen, The Netherlands
- Public lecture Dutch Academy of Nutritional Sciences. Nutritional Sciences at the Cross-roads: nutrients or foods. 15 January 2015, Utrecht, The Netherlands

2014

- Biannual Meeting International Society for the Study of Fatty Acids and Lipids (ISSFAL-11). Cardiovascular Diseases - The Role of Omega-3 Fatty acids. 28 June - 2 July 2014, Stockholm, Sweden
- Farewell symposium Professor Wim Saris entitled: Nutritional Science in Transition. What has nutritional epidemiology brought us in past decades? 6 June 2014, Maastricht, The Netherlands
- Consensus Conference on Nutrition of the World Heart Federation and the Canadian Academy of Health Sciences. Nutrition Controversies: Eggs and fish. 14-16 May 2014, Hamilton, Canada

2013

- Cretan United Nations Symposium on "Healthy living". The traditional Cretan Mediterranean diet and heart health. Results of 50 years of research in the Seven Countries Study. 5 December 2013. New York, USA
- University of Warwick. Fish, omega-3 fatty acids and cardiovascular disease from a historic perspective. 14 November 2013, Warwick, UK
- Symposium of the Royal Academy of Medicine of Belgium "Undernutrition in the elderly". The advice: Undernutrition in the elderly of the Health Council of The Netherlands. 7 November 2013, Brussels, Belgium
- Sixtieth anniversary symposium of the NVVL. What learns the past about the future of food and nutrition. 29 October 2013, Wageningen, The Netherlands
- Congress of the European Society of Cardiology 2013. Is there a role for non-statin based treatment of dyslipidemia? Omega-3 fatty acids. 2 September 2013, Amsterdam, The Netherlands
- Symposium International Task Force for Prevention of Cardiometabolic Diseases "Functional foods and cardiac metabolic diseases". Fish or fish oil. 1 June, Naples, Italy
- University Medical Center Groningen. The Seven Countries Study and its related studies. 24 April 2013, Groningen, The Netherlands
- EuroPREvent 2013 Congress. Interaction between omega-3 fatty acids and statins: The Alpha Omega Trial. 18 April 2013, Rome, Italy

2012

- Working group on nutrition for infants and toddlers. Vegetable recommendations for children aged 1-4. 22 November 2012, Utrecht, The Netherlands
- Congress of the European Society of Cardiology 2012. Vitamins and cardiovascular disease – Good or bad? 27 August 2012, Munich, Germany
- Second Cardiovascular Risk Management Congress. Main point: Lifestyle, 20 June 2012, Ede, The Netherlands
- EuroPREvent 2012 Congress. Fish intake in primary prevention. 4 May 2012, Dublin, Ireland

- The traditional Mediterranean diet and mortality in the Seven Countries Study. Department of Nutrition and Dietetics, University of Professional Education Amsterdam, 30 March 2012, Amsterdam, The Netherlands.

2011

- Mini-symposium “Cardiovascular risk prediction and management”. Historic overview of risk prediction in the Netherlands. 14 December 2011, Wageningen, The Netherlands
- Mini-symposium “Fatty acids, ventricular arrhythmias and sudden death”. N-3 Polyunsaturated fatty acids and ventricular-arrhythmia-related events in the Alpha Omega Trial, 11 November 2011, Wageningen, The Netherlands
- Symposium: “The Seven Countries Study and its children: Results of 50 years of research”. The Seven Countries Study: Its goal, main results and implications. 9 October 2011, Fukuoka, Japan
- Annual Conference of European Society of Parenteral and Enteral Nutrition. Cardiovascular diseases: are omega-3 fatty acids so good? 6 September 2011, Gothenburg, Sweden
- European Nutrition and Lifestyle Epidemiology Course. Logos for nutrition education, 10 June 2011, Wageningen, the Netherlands
- European Nutrition and Lifestyle Epidemiology Course. Guidelines for a Healthy Diet. 10 June 2011, Wageningen, The Netherlands
- American Heart Association Council on Nutrition, Physical Activity and Metabolism. David Kritchevsky lecture: Beyond cholesterol: the role of omega-3 in the etiology of coronary heart disease. 24 March 2011, Atlanta, USA

2010

- 33rd Annual Meeting of the Japanese Society of Hypertension. Blood pressure and cardiovascular diseases from a population perspective. 16 October 2010, Fukuoka, Japan
- 33rd Annual Meeting of the Japanese Society of Hypertension. N-3 fatty acids and cardiovascular events in post-MI patients: the Alpha Omega Trial. 16 October 2010, Fukuoka, Japan
- Division of Epidemiology and Community Health. School of Public Health. University of Minnesota. Low doses of n-3-fatty acids and cardiovascular diseases. Results of the Alpha Omega Trial. 17 September, Minneapolis, USA
- Heart, Blood and Lung Institute, National Institutes of Health. Low doses of n-3-fatty acids and cardiovascular diseases. Results of the Alpha Omega Trial. 13 September 2010, Bethesda, USA
- Eight Vulnerable Plaque Meeting. What are the considerations of governments to decide on screening? 20 June 2010, Cascais, Portugal
- Congress of the European Society of Cardiology. Hotline Session. ALPHA OMEGA: Effect of low doses of n-3 fatty acids on cardiovascular diseases in post-MI patients. 29 August 2010, Stockholm, Sweden
- Division of Epidemiology and Community Health. School of Public Health. University of Minnesota. Flavonoids and cardiovascular diseases. What is the evidence? 12 March 2010, Minneapolis, USA

2009

- Symposium celebrating 50 years of research on diet and health in the Seven Countries Study. The Mediterranean diet and survival in the Seven Countries Study. 14 November 2009, Montegiorgio, Italy
- European Nutrition and Lifestyle Epidemiology Course. Logos for nutrition education. 25 September 2009. Wageningen, The Netherlands
- European Nutrition and Lifestyle Epidemiology Course. Guidelines for a Healthy Diet. 25 September 2009. Wageningen, The Netherlands
- Department of Social Medicine. University of Munster. The Mediterranean diet and survival in the Seven Countries Study. 19 September 2009, Munster, Germany

2008

- Division of Epidemiology and Community Health. School of Public Health. University of Minnesota. Food patterns and survival. The example of the Mediterranean diet. 26 September 2008, Minneapolis, USA
- Fifth European Congress on Nutrition and Health in Elderly People. Mediterranean diet and survival in elderly persons and coronary patients. Results of the HALE project. 15 September 2008, Warsaw, Poland
- European nutrition and lifestyle epidemiology course. Potential health gain of dietary guidelines. 14 September 2008, Warsaw, Poland
- European Society of Cardiology Congress 2008. Tea and CVD. 31 August 2008, Munich, Germany
- Nordic Conference on Nutrition. Relations between food patterns and health. 3 June 2008, Copenhagen, Denmark
- Division of Epidemiology and Community Health. School of Public Health, University of Minnesota. RIVM report "Our food, our health". Healthy diet and safe food in the Netherlands. 4 April 2008, Minneapolis, USA
- Office of Dietary Supplements, National Institutes of Health. Flavonoids and cardiovascular diseases. 10 March 2008, Bethesda, USA

2007

- European Society of Cardiology Congress 2007. Cardioprotective effects of the Mediterranean diet. 2 September 2007, Vienna, Austria
- European Society of Cardiology Congress 2007. Omega-3 fatty acids and cardiovascular diseases. 2 September 2007, Vienna, Austria
- Department of Internal Medicine, Naples Medical School. Omega-3 fatty acids and cardiovascular diseases. 29 March 2007, Naples, Italy
- Department of Epidemiology, School of Public Health, Harvard University, Boston. RIVM report "Our food, our health. Healthy diet and safe food in the Netherlands". 26 February 2007, Boston, USA

2006

- London School of Hygiene and Tropical Medicine, London. From National to European science advice on health. 15 November 2006, London, UK
- EU Conference on results of projects on healthy ageing funded by 5th Framework Programme. Diet, lifestyle and healthy ageing in European elderly. 14 September 2006, Helsinki, Finland
- European Society of Cardiology Congress 2006. Polymeal: what will be its impact on cardiovascular disease prevention. 3 September 2006, Barcelona, Spain
- Symposium Flemish Society of Public Health. The importance of public health research. 26 juni 2006, Gent, Belgium
- International Conference on N-3 fatty acids and trials. Nutrition and Dietary Trials. 20 January 2006, Rome, Italy

2005

- Symposium Healthy Ageing. London School of Hygiene and Tropical Medicine, London. How to live longer and healthier. Results of the HALE project. 10 November 2005, London, UK
- Symposium Diet and Health of British Nutrition Foundation. Fatty acids and coronary heart disease. 17 June 2005, Belfast, UK
- First German Cardiovascular Epidemiology Congress. Non-pharmacological treatment for improving cardiovascular risk. 4 June 2005, Essen, Germany
- 6-th International Conference on Preventive Cardiology. Organizer and chairman Workshop: "Nutritional epidemiology: Strengthening Global Capacity for Measuring Dietary Practices". 22 May 2005, Foz do Iguassu, Brazil

- Preventive Cardiology Congress of European Society of Cardiology. 40-years of follow-up in the Seven Countries Study. 8 April 2005 , Louvain, Belgium
- Mediterranean Diet Conference. Alpha Omega Trial: Results from the pilot study. 5 April 2005, Athens, Greece

2004

- Fourth European Conference on Nutrition in the Elderly. The HALE project: results and implications. 4 November 2004, Toulouse, France
- First International Ancel Keys Symposium on Nutrition and Health. Findings and history of the Seven Countries Study. 12 September 2004, Minneapolis, USA
- International Farewell Symposium of Professor Wija van Staveren. Diet, lifestyle and survival in the HALE project. 29 April 2004 , Wageningen, the Netherlands
- Symposium: "Serbia in the Seven Countries Study". Diet, lifestyle and coronary heart disease in the Seven Countries Study. 4 March 2004, Belgrade, Serbia
- Symposium:"Serbia in the Seven Countries Study". Fish consumption and cardiovascular diseases. 4 March 2004, Belgrade, Serbia
- Promoting Heart Health – A European Consensus Conference. Factors associated with cardiovascular health and disease in Europe. 25 February 2004, Cork, Ireland

2003

- Symposium:" Heart and Diabetes". Diet, lifestyle and long-term risk of coronary heart disease. 25 October 2003, Bad Oeynhausen, Germany
- European Society of Cardiology Congress 2003. Diet, lifestyle and coronary heart disease. Experience from the Seven Countries Study. 31 August 2003, Vienna, Austria
- International Conference on Health Benefits of Mediterranean Diet. The epidemiology of cardiovascular diseases in Europe. 5 June 2003, Crete, Greece
- International Conference on Health Benefits of Mediterranean Diet. The Mediterranean diet and coronary heart disease. 6 June 2003, Crete, Greece
- Symposium: "10 Year Anniversary Department of Epidemiology". Diet, lifestyle and coronary heart disease mortality in the Seven Countries Study. 23 May 2003, Münster, Germany

2002

- European Society of Cardiology Congress 2002. Co-chair of the Symposium: Coronary intervention and lifestyle changes. Berlin, 3 September 2002
- International Symposium: "The coronary heart disease epidemic can be tamed by diet and lifestyle. 40-years results of the Seven Countries Study". Diet, smoking and coronary heart disease in the Seven Countries Study. 23 May 2002, Zutphen